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California Dreaming: A Balanced Getaway in Oxnard or San Diego for All Travelers

travel guide

*A sensory-friendly coastal
guide for travelers on and off
the autism spectrum*



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A quieter coastal escape with beach access, flexible stays, healthy food options, and low-key places to reset.

Oxnard, CA

📍 Coastal Retreat



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San Diego, CA



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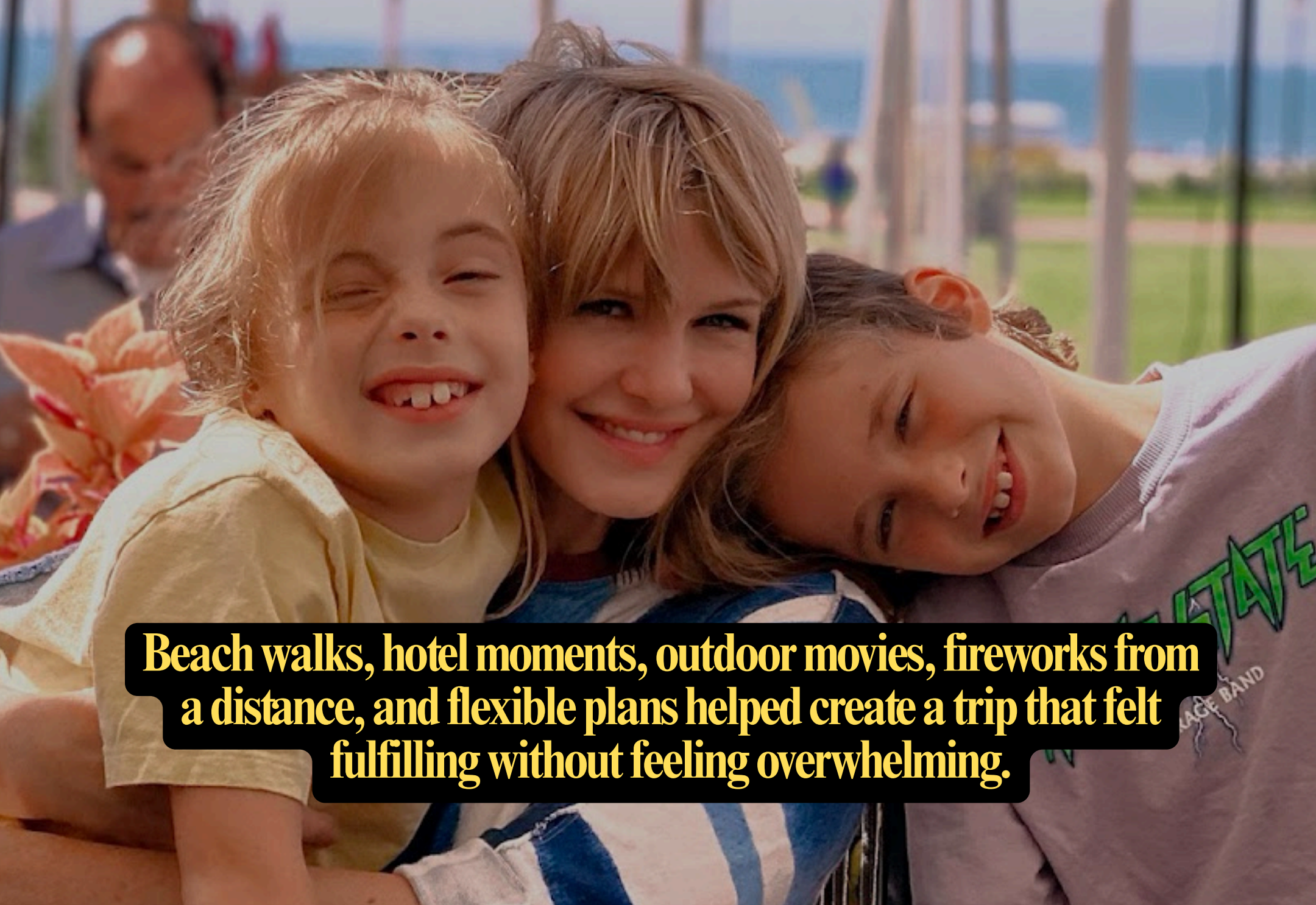


 Sensory-friendly Stops

A lively coastal getaway with room for beach days, quiet breaks, and at-your-own-pace adventures.

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Activities



Beach walks, hotel moments, outdoor movies, fireworks from a distance, and flexible plans helped create a trip that felt fulfilling without feeling overwhelming.

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Final Thoughts

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San Diego

Whether you choose San Diego's vibrant energy or Oxnard's peaceful coast, both destinations offer accessible stays, healthy food options, pool-day escapes, and sensory-friendly experiences for travelers on and off the autism spectrum.

Greetings From



California

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