

THE SAVANTS™

PUNK-LITE
EDITION

the SAVANTS' GUIDE TO HALLOWEEN

A sensory-friendly guide to costumes, trick-or-treating, backup plans, and making Halloween your own.



IT'S NOT ABOUT YOU



Halloween does not have to look like the version you imagined. The goal is not the perfect photo, the perfect costume, or making the night look like everyone else's. The goal is helping your child experience Halloween in a way that feels safe, fun, and possible.

Their magic does not have to look like anyone else's.



COSTUME COMFORT COMES FIRST



Start with comfort. Soft fabrics, familiar clothes, favorite pajamas, no masks, and shoes they already tolerate can make the whole night easier.

A superhero pajama set still counts. A cape over a favorite outfit still counts. Halloween works best when the child can actually feel okay inside the costume.

Comfort over costume perfection. Always.





PRACTICE BEFORE THE BIG NIGHT

Try a few practice rounds before Halloween. Knock on a familiar door, practice waiting, rehearse the candy moment, and notice what feels too loud, too bright, too crowded, or too much.

A little pre-game can make the real night feel less surprising. Run it like a dress rehearsal — same costume, same bag, same route. Let your child lead the pace.

Practice makes it less spooky.



PACK THE BACKUP PLAN



Costumes can change fast. Bring an extra outfit, familiar layers, headphones, snacks, water, and anything that helps your child reset. A full costume can become pajamas and a cape. A pirate at 5 PM can become a dinosaur by 7 PM. The backup plan is not failure. It is the plan. Flexibility is your friend.



NO PRESSURE, JUST CANDY.



Your child does not have to say "trick or treat" at every door. They do not have to perform to deserve Halloween candy.

You can carry the whole moment with a simple line: "Silent spook. Happy Halloween!" Most neighbors will get it. The good ones will love it.

Start with familiar homes first — a neighbor they know, a family friend, somewhere that already feels safe.

Skip any house that feels like too much. There is no rule that says you have to hit every door on the block. Halloween, their way.





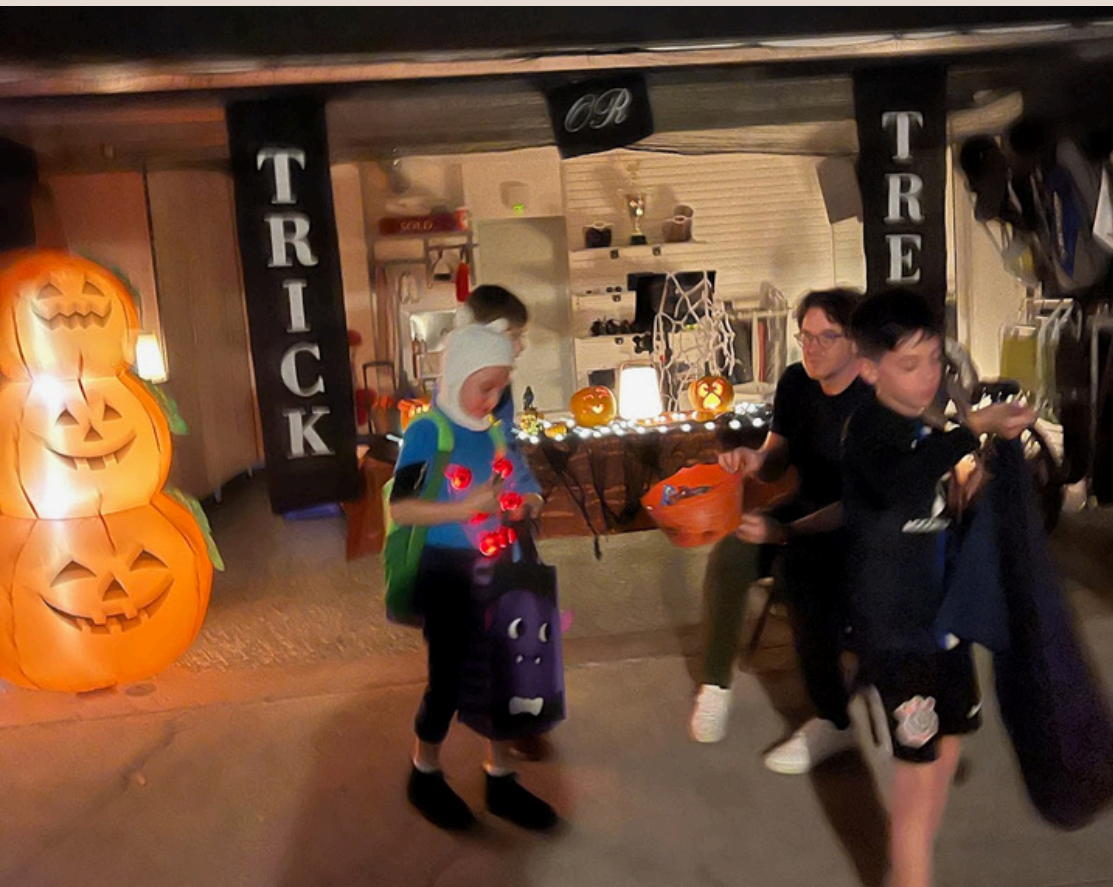
END THE NIGHT YOUR WAY

The transition home matters. Sort candy, trade pieces for stickers, watch a Halloween movie, or head straight to a quiet car.

You do not have to squeeze every last drop out of the night. End while there is still some magic left.

End before the night ends you.





YOUR VERSION COUNTS.

FINAL REMINDER

However it plays out, you showed up. That is everything.

YOU ARE NOT
DOING IT WRONG.
YOU ARE MAKING
IT WORK.

